

KIDS, COACHES, TEACHERS AND PARENTS... ARE YOU AWARE?

The DT38 Foundation has been set up in memory of West Australian born, Dylan James Tombides and we are here to educate you about a disease which took him away from us. Dylan started his footballing career at Wembley Downs before playing at Perth Soccer Club and Stirling Lions Soccer Club. Dylan was an Australian International and West Ham United professional football player. He passed away aged 20 in April 2014 after a 3 year battle with testicular cancer. The West Ham Family thought so highly of Dylan that they retired his number 38 and made DT38 one of their principal charities.

The charity has been formed as a result of Dylan being misdiagnosed. Our vision is to change the way testicular cancer is diagnosed by implementing best practice diagnostic guidelines for patients who present with testicular symptoms. We also aim to arm future generations of young men with the necessary knowledge about testicular cancer that will enable them to be confident when taking health matters into their own hands.

Our mission is to raise awareness and change the stigma associated with men's health issues with a focus on testicular cancer. We aim to do this through providing educational programs and opportunities for the youth of our community, to help shape a generation of children who are self-aware about their health and wellbeing.

Our main goals are to:

1. Drive the SELF- AWARENESS campaign for the early detection of testicular cancer
2. Focus on youth EDUCATION through various teaching programme's aligned to national curriculum
3. Provide OPPORTUNITIES linked to fun and accessible activities within the community

The charity was launched on the 28th February 2015 in the United Kingdom when West Ham United came up against Crystal Palace at Upton Park. At the 38th minute mark the spectators from both sides stood and clapped as a mark of respect. The charity officially launched in Australia on September 1st 2015 when Premier Colin Barnett and the Tombides family unveiled a bronze statue of Dylan outside NIB Stadium- Perth's home of football. Both events were extremely momentous occasions and highlight the high regard in which Dylan was held both as a footballer and a person.

The charity has come about as a direct response to Dylan's personal story and the current status of testicular cancer awareness in society.

- Testicular cancer affects younger men aged 15- 49.
- It is the second most common cancer in young men in Australia.
- There was 732 cases diagnosed in Australia in 2011 and 25 deaths.
- The rate of men diagnosed with testicular cancer has grown 50% in the past 30 years and the reason is unknown.
- The survival rate is 98%.
- There is currently no routine screening tests in place for testicular cancer. We at the DT38 Foundation believe that awareness is the key to addressing this illness. We know that our vision and mission clearly state the changes we plan to bring about in the future.

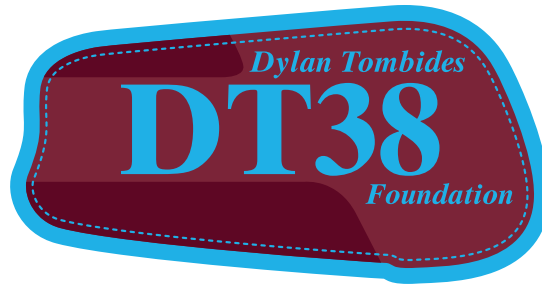
We are calling on you to support our foundation and help raise funds to assist us in achieving these key milestones:

- Implement our first children's picture story book and teaching programme linked to United Kingdom and Australian Curriculum in schools and community organisations. We plan to use this program to provide awareness about testicular cancer and general health and wellbeing.
- Develop self- awareness programmes and deliver testicular cancer awareness campaigns in schools and wider community organisations
- Work with medical researchers to enhance early detection
- Introduce medical screening routines and accessible facilities

We have just launched our first children's book and teaching program entitled Didge.

We at DT38 recognise the potential impact we can have on a large scale and are proud to be part of an organization like ours. We believe that we have the correct structures and procedures in place to assist us in developing our key milestones and we look forward to continuing to spread the DT38 message with the world.

We thank you in advance for your generosity and for joining us on our mission.



DT38 FUNDRAISING IDEAS

We would love for you to be as creative as you like with your fundraising ideas but we have suggested a variety of ideas for a range of age groups to get you started

1. Get active

Choose something challenging- walk 5 kilometres, swim 1500 metres continuous and get sponsored to do it. Organise a charity match at your school or local sporting club.

2. Get Artistic

Get together with friends and hold a talent show at your club or for your family and neighbours. You could sing songs, play an instrument, recite poems or tell jokes. Charge an entrance fee.

3. Go without

Give up something you would really miss, like sweets, TV or your mobile, and get people to sponsor you for each day that you manage to go without.

4. Be helpful

Be helpful around the house. Wash the dishes, make your bed, do the gardening, take the dog for a walk, make your siblings bed and ask for a small donation for each chore you do... even ask your Grandparents, Aunties and Uncles or neighbours if they want you to do some chores for them too.

5. Stop talking

Hold a sponsored silence. Ask your parents and neighbours to sponsor you to keep quiet! You could ask them to sponsor you for the whole day or per hour.

6. Get spelling

Get your teacher to help you organise a sponsored spelling bee for your class, using 'football' words. Charge a fee to fellow students for entry.

7. Get singing

Hold a karaoke at your house, club or school. Get friends and family to pay an admission fee.

8. Get cooking

Set up a cake stall, sausage sizzle or smoothie stand at your school, neighbourhood or local sporting club.

9. Get dressed up

Host a free dress day at your school. Get everyone to come dressed as their favourite sporting hero or in their favourite teams' colours. Collect an admission fee.

10. Get juicy

Ask your local supermarket to donate some fruit and vegetables and make fresh juices and sell them at your local sporting club.

11. Get smart

Host a quiz night at your club.

12. Get ladsy

Use the DT38 Foundation Lad's Night Out package to not only organise a lad's night out but to also learn about testicular cancer.

13. Get ladettesy

Host a ladies night in or out whichever you prefer so you can also learn about testicular cancer to ensure your husbands, boyfriends, fathers and brothers know what to do.

14. Get shaky

Get a junior team to design fundraising tins which they can walk around and shake in the crowd during first team matches.

15. Hit the bar

Host a crossbar challenge at half time of one of your first team games. Participants are to pay a fee to enter and have a prize for the winner.

16. Weekly Raffle

Host a weekly raffle and ask local businesses or sponsors to provide prizes.

Please send photos of your class/ schools fundraisers to natasha@dt38.co.uk as we would love to publish your brilliant efforts on our social media forums. If you have any questions please do not hesitate to contact us.

You can deposit donations into our bank account:

Bendigo Bank BSB 086-217 Account Number: 157629579

or via <https://dt38.giveeasy.org>

or we will send a charity representative to collect the donation from your school

Good luck and may the FUNdraising begin!